BALLYNAHINCH CENTRAL MENU (MENU – SUBJECT TO SUPPLIERS/DELIVERIES)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Homemade Vegetable	Chicken Curry & Rice	Pasta Bolognaise	Roast Beef/Stuffing	Oven Baked Fish
29/03/21	Soup	Nann Bread/Salad	Garlic Bread	Gravy	Peas/Sweetcorn
12/04/21	Hot Dog & Saute Onions	Or	Or	Carrot & Parsnip	Chips/Baked Potato
10/05/21 07/06/21	Salad & Coleslaw	Assorted Sandwiches	Assorted Sandwiches	Dry Roast/Mashed Potatoes	Wheaten Bread
	Flakemeal Biscuit	Fruit Muffin/Milkshake	Vanilla Sponge & Custard	Frozen Fruit Smoothie	Ice Cream & Chocolate Sauce
Week Two	Filled Baked Potato	Chicken Curry & Rice	Lentil Soup	Roast Turkey/Stuffing	Oven Baked Fish in a
19/04/21	Oven Baked Sausages	Crusty Bread/Salad	Steak Burger in a Soft	Gravy	Crumb Coating
17/05/21	Baked Beans	Or	Floury Bap	Broccoli/Cauliflower	Peas/Sweetcorn
14/06/21	Dry Roasted Potato Wedges	Assorted Sandwiches	Saute Onions/Coleslaw Tossed Salad	Dry Roast/Mashed Potatoes	Chips/Baked Potato Crusty Bread
	Chocolate Sponge & Custard	Melon & Yoghurt	Ginger Cookie	Ice Cream Tub	Fruit Muffin
Week Three	Beef Stew	Chicken Curry & Rice	Ham & Cheese Pizza	Roast Chicken/Stuffing	Fish Finger/ Salmon Fish
26/04/21	Baton Carrots	Nann Bread/Salad	Salad/Coleslaw	Gravy	Cake
24/05/21	Mashed Potatoes	Or	Herb Diced Potatoes	Broccoli	Peas
21/06/21		Assorted Sandwiches	Or	Dry Roast/Mashed	Chips/Baked Potato
			Assorted Sandwiches	Potatoes	Wheaten Bread
	Date Krispie	Queen Cakes	Jelly & Ice Cream	Flakemeal Biscuit	Frozen Mousse
Week Four	Filled Baked Potato	Chicken Curry & Rice	Steak Burger/Gravy	Roast Gammon/Stuffing	Oven Baked Fish in a
22/03/21	Chicken Bites	Nann Bread/Salad	Medley of Fresh	Gravy	Crumb Coating
03/05/21	Baked Beans	Or	Vegetables	Savoury Cabbage	Peas/Sweetcorn
31/05/21	Herb Diced Potatoes	Assorted Sandwiches	Mashed Potatoes	Dry Roast/Mashed	Chips/Baked Potato
28/06/21				Potatoes	
	Shortbread	Fruit Muffin	Frozen Yoghurt	Biscuit	Date Fudge Bake

SANDWICH FILLINGS – CHICKEN, HAM, HAM & CHEESE, CHEESE OR JAM

BREAD, FRUIT, YOGHURT, MILK & WATER AVAILABLE DAILY